



## Southern Trinity Health Services, Inc.

**Mad River – 321 Van Duzen Road/P.O. Box 4, Mad River, CA 95552, 707-574-6616**

**Scotia Bluffs – 500 B Street/P.O. Box 7, Scotia, CA 95565, 707-764-5617**

*Providing Compassionate, High Quality & Preventative Health Care Regardless of Ability to Pay*

<b>Name:</b> (First, Middle, Last)		<b>Gender Identity Required: (circle one)</b> Male / Female Transgender male/female to male Other Transgender female/male to female Chose not to disclose		
<b>Sexual Orientation Required: (circle one)</b> Straight or heterosexual      Bisexual Lesbian, gay or homosexual      Something else Chose not to disclose      Don't know	<b>Date of Birth:</b>	<b>Social Security Number Required:</b>	<b>Smoker:</b> Yes / No	<b>Veteran:</b> Yes / No
<b>Mailing Address:</b> (Street/P.O. Box- City-State- Zip)				
<b>Email Address Required:</b>		<b>Pharmacy:</b> (Name and Location)		
<b>Home Phone Number:</b>	<b>Cell Phone Number:</b>	<b>Work Phone Number:</b>		
<b>Marital Status:</b> Single / Married / Separated / Divorced / Widowed Name of Spouse (if applicable): _____		<b>Work Status:</b> Student / Homemaker / Unemployed / Retired Employed: Full Time / Part Time / Self		
<b>Employer/Company Name:</b>		<b>Occupation:</b>		
<b>Employer Address:</b> (Street-City-State-Zip)			<b>Employer Phone Number:</b>	
<b>Emergency Contact (Name/Relationship) Required:</b>			<b>Emergency Contact Phone Number:</b>	
(If Patient Is A Minor) Responsible Party: (Name/Relationship)		Responsible Party Address: (Street/P.O. Box-City-State-Zip)		
Responsible Party Phone Number:	Responsible Party Social Security Number:	Responsible Party Date of Birth:		

May we discuss your medical record information over the phone or in person with your designated personal representative (example: spouse, family member or friend)? Yes / No  
 If yes, whom? \_\_\_\_\_

I hereby acknowledge or opt out of receiving a copy of STHS Notice of Privacy Practices. I understand that I have the right to refuse to sign this acknowledgment if I so choose. Refusal \_\_Emergency situation \_\_Communication Barrier \_\_  
 If you would like a copy of the Notice of Privacy Practices it will be given to you at your request. Initial here \_\_\_\_\_

**Signature of Patient / Parent or Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_

<b>Do you have medical insurance coverage? Insurance card required</b>		Yes / No
Primary Insurance Name:		
Policy/ID Number:	Group Number:	
Subscriber Name:	Subscriber's Relationship to Patient:	
Subscriber's Social Security Number:	Subscriber's Date of Birth:	
Subscriber's Employer		
<b>Secondary Insurance Name (if applicable): Insurance card required</b>		
Policy/ID Number:	Group Number:	
Subscriber Name:	Subscriber's Relationship to Patient:	
Subscriber's Social Security Number:	Subscriber's Date of Birth:	
Subscriber's Employer		
<b>Do you have dental insurance coverage? Insurance card required</b>		Yes / No
Dental Insurance Name (if applicable):		
Policy/ID Number:	Group Number:	
Subscriber Name:	Subscriber's Relationship to Patient:	
Subscriber's Social Security Number:	Subscriber's Date of Birth:	
Subscriber's Employer		

**Insurance:** You are responsible for your insurance coverage and ensuring that the services you receive here are covered under your plan and verifying preferred provider status. You are responsible for notifying us of any changes in your insurance. We will bill your insurance for you, and make a reasonable effort to collect from them, however you remain responsible for what your insurance does not pay.

**Co-Payments:** You are responsible for your co-payment which is due at time of service, you will be asked to pay it when you check in for your visits.

**Private Pay & High Deductible:** If you are private pay or have a high deductible, or your insurance will pay you directly, you will be asked to pay for your visit at the time of service. We offer a sliding fee schedule for patients based on federal guidelines.

**Sliding Fee Discount Program:** It is the policy of STHS to provide services regardless of the patient's ability to pay. Discounts are offered depending upon household income and size per federal guidelines beginning each year on April 1<sup>st</sup> thru March 31<sup>st</sup>. The discount will apply to all services received in our office only, but not the services which are purchased from outside.

**Please inquire at the front desk if interested in this program to see if you qualify.**

**Treatment Agreement:** for Southern Trinity Health Services: The above information is true to the best of my knowledge. I request STHS to provide me and/or my family with medical and/or dental care.

**Payment Agreement:** I authorize assignment of benefits for services received to be paid directly to STHS. I understand that I am financially responsible for any balance. I also authorize STHS or my insurance company to release any information required to process my claims.

**This includes all minor patients as acknowledged by parent or legal guardian.**

**Signature of Patient / Parent or Guardian** \_\_\_\_\_ **Date** \_\_\_\_\_

### Demographic Information

The following information is requested by the Federal Government in order to monitor compliance with Federal law prohibiting discrimination against users of Southern Trinity Health Services and Scotia Bluffs Community Health Center. You are not required to furnish this information, but are encouraged to do so. This information will not be used to discriminate against you in any way, nor will it be released except in aggregate form.

Please check one box in each of the following categories:

<b>Ethnicity:</b>	
<input type="checkbox"/>	Hispanic or Latino
<input type="checkbox"/>	Not Hispanic or Latino
<b>Race:</b>	
<input type="checkbox"/>	Asian
<input type="checkbox"/>	Native Hawaiian
<input type="checkbox"/>	Other Pacific Islander
<input type="checkbox"/>	Black/African American
<input type="checkbox"/>	American Indian/Alaska Native
<input type="checkbox"/>	White (not Hispanic or Latino)
<input type="checkbox"/>	More than one Race
<input type="checkbox"/>	Not Reported/Refuse to Report
<b>Primary Language:</b>	
<input type="checkbox"/>	English
<input type="checkbox"/>	Spanish
<input type="checkbox"/>	Other:
<b>Migrant/Seasonal Worker:</b>	
<input type="checkbox"/>	Migrant Worker
<input type="checkbox"/>	Seasonal Worker
<input type="checkbox"/>	Not a Migrant/Seasonal Worker
<b>Housing Status:</b>	
<input type="checkbox"/>	Doubling Up
<input type="checkbox"/>	Not Homeless
<input type="checkbox"/>	Shelter
<input type="checkbox"/>	Street
<input type="checkbox"/>	Transitional
<input type="checkbox"/>	Unknown/Unreported

Income Category		
	# In Family	Annual Family Income
<input type="checkbox"/>	1	\$0-\$12,140
<input type="checkbox"/>	1	\$12,141-\$18,210
<input type="checkbox"/>	1	\$18,211-\$24,280
<input type="checkbox"/>	1	More Than \$24,281
<input type="checkbox"/>	2	\$0-\$16,460
<input type="checkbox"/>	2	\$16,461-\$24,690
<input type="checkbox"/>	2	\$24,691-\$32,920
<input type="checkbox"/>	2	More Than \$32,921
<input type="checkbox"/>	3	\$0-\$20,780
<input type="checkbox"/>	3	\$20,781-\$31,170
<input type="checkbox"/>	3	\$31,170-\$41,560
<input type="checkbox"/>	3	More Than \$41,561
<input type="checkbox"/>	4	\$0-\$25,100
<input type="checkbox"/>	4	\$25,101-\$37,650
<input type="checkbox"/>	4	\$37,651-\$50,200
<input type="checkbox"/>	4	More Than \$50,201
<input type="checkbox"/>	5	\$0-\$29,420
<input type="checkbox"/>	5	\$29,421-\$44,130
<input type="checkbox"/>	5	\$44,131-\$58,840
<input type="checkbox"/>	5	More Than \$58,841
<input type="checkbox"/>	6	\$0-\$33,740
<input type="checkbox"/>	6	\$33,741-\$50,610
<input type="checkbox"/>	6	\$50,611-\$67,480
<input type="checkbox"/>	6	More Than \$67,481
<input type="checkbox"/>	7	\$0-\$38,060
<input type="checkbox"/>	7	\$38,061-\$57,090
<input type="checkbox"/>	7	\$57,091-\$76,120
<input type="checkbox"/>	7	More Than \$76,121
<input type="checkbox"/>	8	\$0-\$42,380
<input type="checkbox"/>	8	\$42,381-\$63,570
<input type="checkbox"/>	8	\$63,571-\$84,760
<input type="checkbox"/>	8	More Than \$84,761

Signature of Patient / Parent or Guardian \_\_\_\_\_ Date \_\_\_\_\_

Date: \_\_\_\_\_

# Clinical History

DOB: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Race: \_\_\_\_\_ Ph#: \_\_\_\_\_  
First M.I. Last

Address: \_\_\_\_\_ Insurance: \_\_\_\_\_  
Street City State Zip

## Allergies or Adverse Reactions ----- None

Substance _____	Reaction _____	Substance _____	Reaction _____
Substance _____	Reaction _____	Substance _____	Reaction _____
Substance _____	Reaction _____	Substance _____	Reaction _____

## Past Medical History ----- None

Please indicate with √ for current or chronic conditions and provide date of onset, and X for past conditions and give date.

Glaucoma <input type="checkbox"/> _____	Kidney Disease <input type="checkbox"/> _____	Eczema <input type="checkbox"/> _____
Macular Degeneration <input type="checkbox"/> _____	Diabetes <input type="checkbox"/> _____	Psoriasis <input type="checkbox"/> _____
Asthma <input type="checkbox"/> _____	Thyroid Disease <input type="checkbox"/> _____	Hepatitis (type: ) <input type="checkbox"/> _____
Emphysema <input type="checkbox"/> _____	Anemia <input type="checkbox"/> _____	Tuberculosis <input type="checkbox"/> _____
Hypertension <input type="checkbox"/> _____	Seizure Disorder <input type="checkbox"/> _____	STDs <input type="checkbox"/> _____
Heart Disease <input type="checkbox"/> _____	Stroke <input type="checkbox"/> _____	Anxiety <input type="checkbox"/> _____
GERD <input type="checkbox"/> _____	Arthritis <input type="checkbox"/> _____	Depression <input type="checkbox"/> _____
Ulcers <input type="checkbox"/> _____	Gout <input type="checkbox"/> _____	Mental Illness <input type="checkbox"/> _____
Diverticulosis <input type="checkbox"/> _____	Osteopenia/porosis <input type="checkbox"/> _____	Other _____ <input type="checkbox"/> _____
Kidney Stones <input type="checkbox"/> _____	Spinal Disease <input type="checkbox"/> _____	Other _____ <input type="checkbox"/> _____

## Past Surgical History and Major Hospitalizations ----- None

Have you ever had a blood transfusion?  No  Yes—date: \_\_\_\_\_

Date	Operation	Date	Operation/Hospitalization	Date	Hospitalization

## Current Medications ----- None

Medication	Dose	Frequency	Medication	Dose	Frequency

### Immunizations

Please check the box if you have had the following shots:

Hepatitis A                       Hepatitis B  
 Flu                                       Pneumonia  
 Tetanus—date: \_\_\_\_\_

### Social History

Marital Status: M W D Sep Single  
Highest Grade in School: \_\_\_\_\_  
Occupation: \_\_\_\_\_  
Support Sys/Religion: \_\_\_\_\_  
Hobbies: \_\_\_\_\_

### Habits

Caffeine—Type \_\_\_\_\_ Amt/day: \_\_\_\_\_  
Tobacco:  Never  Present  Past  
Type: \_\_\_\_\_ Amt/day: \_\_\_\_\_ for \_\_\_\_\_ yrs  
 Alcohol—Type \_\_\_\_\_ Amount: \_\_\_\_\_  
 Drug Use—Type \_\_\_\_\_

## Family History ----- None

Please check the box if any blood relatives have suffered from any of the following conditions, state their relationship to you, and give their age at onset.

Heart Attack <input type="checkbox"/> _____	Depression <input type="checkbox"/> _____	Blood Disorder <input type="checkbox"/> _____
Other Heart Disease <input type="checkbox"/> _____	Other Mental Illness <input type="checkbox"/> _____	Birth Defects <input type="checkbox"/> _____
High Blood Pressure <input type="checkbox"/> _____	Migraine Headaches <input type="checkbox"/> _____	Retardation <input type="checkbox"/> _____
Stroke <input type="checkbox"/> _____	Glaucoma <input type="checkbox"/> _____	Inherited Disease <input type="checkbox"/> _____
Cancer <input type="checkbox"/> _____	Allergies <input type="checkbox"/> _____	Other _____ <input type="checkbox"/> _____
Diabetes <input type="checkbox"/> _____	Asthma <input type="checkbox"/> _____	Other _____ <input type="checkbox"/> _____
Thyroid Disease <input type="checkbox"/> _____	Tuberculosis <input type="checkbox"/> _____	Other _____ <input type="checkbox"/> _____
Arthritis <input type="checkbox"/> _____	Bowel Problems <input type="checkbox"/> _____	Other _____ <input type="checkbox"/> _____
Gout <input type="checkbox"/> _____	Ulcers <input type="checkbox"/> _____	Other _____ <input type="checkbox"/> _____

Date: \_\_\_\_\_

Name: \_\_\_\_\_  
First M.I. Last

DOB: \_\_\_\_\_

### Review of Systems

Please check the box if you currently have or have recently had any of the following conditions:

**Constitutional**  None

- Change in Appetite
- Fatigue
- Fever
- Sweats
- Unintentional Weight Loss
- Other \_\_\_\_\_

**Eyes**  None

- Blindness
- Blind Spots
- Blurred Vision
- Double Vision
- Frequent Eye Infections
- Excess Tearing
- Previous Eye Injury
- Cataracts
- Failing Vision
- Glasses
- Contacts
- Other \_\_\_\_\_

**Ears, Nose, Throat, & Mouth**  None

- Decreased Hearing
- Ringing in Ears— Right  Left  Both
- Frequent Ear Infections
- Abnormal Ear Discharge
- Ear Pain
- Excessive Noise Exposure
- Hearing Aid
- Dizzy Spells
- Excessive Sneezing
- Frequent Runny Nose or Congestion
- Sinus Trouble
- Recurrent Nose Bleeds
- Tooth Pain
- Dentures
- Frequent Sore Throats
- Prolonged Hoarseness
- Other \_\_\_\_\_

**Cardiovascular**  None

- Chest Pain
- Palpitations
- Irregular Pulse
- Heart Murmur
- Swollen Ankles
- Leg Muscle Pain When Walking
- Phlebitis
- Varicose Veins
- Other \_\_\_\_\_

**Respiratory**  None

- Chronic Cough
- Shortness of Breath  
When? \_\_\_\_\_
- Wheezing
- Coughing Up Blood
- Sputum Production
- Other \_\_\_\_\_

**Gastrointestinal**  None

- Bloody Stools
- Tarry Stools
- Hemorrhoids
- Chronic Abdominal Pain
- Recent Change in Bowel Habits
- Diarrhea
- Constipation
- Jaundice
- Persistent Nausea/Vomiting
- Indigestion
- Heartburn
- Difficulty Swallowing
- Other \_\_\_\_\_

**Musculoskeletal**  None

- Deformity—Where? \_\_\_\_\_
- Pain—Where? \_\_\_\_\_
- Swelling—Where? \_\_\_\_\_
- Weakness—Where? \_\_\_\_\_
- Previous Injury—Where? \_\_\_\_\_
- Other \_\_\_\_\_

**Neurological**  None

- Confusion
- Memory Loss
- Fainting Spells
- Frequent Headaches
- Muscle Weakness
- Numbness/Tingling
- Other \_\_\_\_\_

**Psychiatric**  None

- Excessive Moodiness
- Difficulty Concentrating
- Difficulty or Excessive Sleeping
- Abnormal Thoughts
- Nervousness
- Phobias
- Recent Stressful Life Event \_\_\_\_\_
- Other \_\_\_\_\_

**Skin**  None

- Abnormal Moles
- Hives/Rashes
- Itching
- Other \_\_\_\_\_

**Genitourinary—Female**  None

- Age of menstrual onset \_\_\_\_\_
- Date of last menses \_\_\_\_\_
- Birth control method \_\_\_\_\_
- No. of pregnancies \_\_\_\_\_
- No. of live births \_\_\_\_\_
- No. of miscarriages \_\_\_\_\_
- Painful Menses
- Excessive or Prolonged Bleeding
- Pain or Bleeding After Sex
- Sexual Dysfunction
- Flushing/Menopause
- Infertility Problems
- Abnormal Pap Smear
- Vaginal or Urethral Discharge
- Frequent Urine Infections
- Painful Urination
- Strong Smell to Urine
- Blood in Urine
- Change in Urine Color
- Loss of Bladder Control
- Overnight Urination More Than Twice
- Pelvic Pain
- Hernia
- Other \_\_\_\_\_

**Genitourinary—Male**  None

- Abnormality of Testicles
- Sexual Dysfunction
- Urethral Discharge
- Frequent Urine Infections
- Painful Urination
- Strong Smell to Urine
- Blood in Urine
- Change in Urine Color
- Overnight Urination More Than Twice
- Hernia
- Other \_\_\_\_\_

**Endocrine**  None

- Enlargement of Thyroid Gland
- Excessive Thirst
- Hair Loss or Abnormal Growth
- Heat or Cold Intolerance
- Hot Flashes
- Other \_\_\_\_\_

**Hematological/Lymphatic**  None

- Easy Bruising/Bleeding
- Swollen Glands
- Other \_\_\_\_\_

### Procedures and Studies

None

Please check the box and give the most recent approximate date if you have had any of the following:

- Dental Exam  \_\_\_\_\_
- Hearing Test  \_\_\_\_\_
- Eye Exam  \_\_\_\_\_
- Pap Smear  \_\_\_\_\_
- Rectal Exam  \_\_\_\_\_

- Colonoscopy  \_\_\_\_\_
- Chest X-ray  \_\_\_\_\_
- EKG  \_\_\_\_\_
- Exercise Stress Test  \_\_\_\_\_
- TB Test  \_\_\_\_\_

- Blood Sugar  \_\_\_\_\_
- Cholesterol  \_\_\_\_\_
- PSA  \_\_\_\_\_
- Other Blood Work  \_\_\_\_\_
- Other  \_\_\_\_\_

# Decline or Start Sharing/Information Request

<b>PLEASE CHECK (✓) THE STATEMENT(S) BELOW THAT APPLY:</b>	
<b>MY FULL NAME:</b>	<b>RELATIONSHIP TO PATIENT</b> <input type="checkbox"/> self <input type="checkbox"/> parent/guardian
Name of Patient:	Patient's Street Address:
Patient Date of Birth:	Patient's City/Zip Code:
Patient ID (optional):	Patient County:
Patient Phone:	
<b>DECLINE SHARING</b>	
<input type="checkbox"/> <b>I DECLINE to allow my/my child's immunization/ tuberculosis (TB) screening test record to be shared with other health care providers, agencies, or schools in the California Immunization Registry (CAIR).*</b>	
<p><i>* Note: The immunization record/TB Tests may still be recorded in the registry for use by your physician's office. By law, public health officials can also access immunization/TB test records in the case of a public health emergency.</i></p>	
<b>START SHARING</b> (Declined earlier, now have changed mind and wish to share.)	
<input type="checkbox"/> <b>I ALLOW my/my child's immunization/TB test record to be shared with other health care providers, agencies, or schools in CAIR.</b>	
<b>REQUEST INFORMATION</b>	
<input type="checkbox"/> I REQUEST a list of agencies who have viewed my/my child's CAIR immunization/TB test record.	
<input type="checkbox"/> I REQUEST to review or correct my/my child's CAIR immunization/TB test record. I understand that any changes made to this record must be verified by appropriate documentation from my health care provider.	
<b>Signature:</b>	<b>Date:</b>

Fax or email this form to the CAIR Help Desk at **1-888-436-8320**, [CAIRHelpDesk@cdph.ca.gov](mailto:CAIRHelpDesk@cdph.ca.gov)



# Southern Trinity Health Services Southern Trinity Area Rescue

*Serving Southern Trinity & Southeastern Humboldt Since 1979*

Dear Patient,

This letter is to inform you of your responsibilities regarding missed appointments.

According to our Missed Appointment Policy, the following steps are taken to ensure that all patients are aware and understand their responsibilities and rights regarding the occasional but sometimes necessary need to reschedule an appointment. An appointment where the patient does not appear or cancels with less than 24 hours' notice are both considered missed appointments for the purpose of our policy.

- 1) Southern Trinity Health Services makes reminder calls 48 and 24 hours before your appointment to allow you the opportunity to cancel an appointment.
- 2) All missed appointments will be recorded in your chart.
- 3) Missed appointments receive a follow-up call and letter notifying the patient of the recorded missed appointment.

### **Dental Policy**

- 4) Dental patients will only be allowed two (2) missed appointments. At this time they will not be given the option to schedule appointments and will be required to call on a daily basis to see if an opening is available.

### **Medical / Behavioral Health Policy**

- 5) Medical and behavioral health patients that miss more than three (3) visits within two (2) years will be reviewed and will only be considered for same-day appointments.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_